



Cleverful Living with Holley Grainger

Bringing 'healthy fun' to life with creativity, ease and a sheer enjoyment of all things food and family.



www.holleygrainger.com

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OPERATING AS USUAL

Holley is a nationally recognized lifestyle, culinary and nutrition expert. The former nutrition editor for Cooking Light and MyRecipes.com, she has instructed millions of accomplished and aspiring home cooks how to make simple, healthy, family-friendly meals through online video, media appearances, speaking engagements, national news segments, online instructional guides and social media. Her approachable style allows her to authentically advance nutrition and culinary information in a credible and relevant way. Dedicated to helping companies and individuals share their healthy messages through visual communication, Holley has produced and hosted more than 700 online cooking, health and lifestyle videos. Holley has been featured in hundreds of televisions and radio segments nationwide including NBC's Today Show and Weekend Today, CBS's The Early Show, TBD Movie and a Makeover, Fox News Channel, CNN, among others and is a regular contributor to the Birmingham, Alabama news outlets.

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